

What is LOVE BiTES Junior?

LOVE BiTES Junior is a Respectful Relationships program designed for young people aged 11-14 years. It is a suite of 3 programs which evolved out of the success of LOVE BiTES, a well established Respectful Relationship Education program designed for young people 15-17 years. Since LOVE BiTES was initially implemented in 2003, community feedback from across Australia has consistently included the need for respectful relationship education programs for younger students.

The LOVE BiTES Junior Program consists of 3 programs:

- #friends
- Respectful Relationships, Bullying and Gender
- Relationships, Love and Control

LOVE BITES Junior is made up of lesson plans that covers themes such as:

Year 7 - #Friends

- Communicating mindfully
- Warning signs of abusive behaviour
- Power in relationships
- Responding to concerns as bystanders
- Seeking help
- Rights and responsibilities in relation to sharing sexualised images

Year 8 – Respectful Relationships, Bullying and Gender

- Respect in relationships
- Gender roles and stereotypes
- Gender and relationships
- Jealousy
- Sexual harassment and homophobia
- Challenging harassment, discrimination and gender stereotypes
- Seeking help

Year 9 – Relationships, Love and Control

- Gender expectations and relationships
- Responding to jealous feelings
- Love and control
- Warning signs of a controlling/abusive relationship
- Supporting friends
- Seeking help
- Breaking up with respect